

Checklist Of Things You Must Do When Going on a GADL - Kenya Expedition

Immediate action: Expedition application with signed waiver and release form. If you are under 18, both parents or legal guardian must sign this form.

Mail together to:
Go and Do Likewise
10408 La Cebra
Fountain Valley, CA. 92708

Immediate action:

Apply for a passport. If you already have a passport, it must be valid for a month after your return date. As soon as you have your passport number, send it to bud_goanddo@yahoo.com along with your expiration date and date of birth for the emergency medical and evacuation insurance.

Immediate action:

Make sure you are current on all your childhood immunizations.

The following are recommended for your trip to Kenya:

Hepatitis A and B, typhoid, tetanus, yellow fever, and a polio booster if you are over 18 and haven't had one since you were a child. Also, get a prescription for an anti-malarial medication from your doctor. Visit the Centers for Disease Control website at <http://wwwn.cdc.gov/travel/destinationKenya.aspx#vaccines> for current information on required immunizations. <http://wwwn.cdc.gov/travel/destinationKenya.aspx#vaccines>

6 weeks before departure:

Make initial payment in the amount of \$2,000 to Go and Do Likewise.

Approximately a month before the departure date:

Bud will arrange a conference call where all expedition members can be updated on the latest travel information, tips for packing and preparing for the expedition. Information on conference call will come by email.

3 weeks before departure:

Pay remaining balance due for your trip.

2 weeks before departure:

Begin packing. Verify all required personal information has been sent to GADL

1 week before departure:

Check your email daily for any updates or travel schedule changes.

Please call or email if you have any questions.